

2025 ANNUAL NUTRITION CONVENTION AND EXPOSITION

DAY-AT-A-GLANCE

Friday, April 4th - 7:00 AM - 5:00 PM

All sessions are eligible for licensure credits

7:00 – 7:30	Registration & Breakfast			
7:30 – 8:00	Exhibits & Posters			
	Breakout Session 1 Room 101	Breakout Session 2 Room 103	Breakout Session 3 Room 104	Pediatric Nutrition Practice Group (PNPG) Presents: From Infants to Adolescents Room 201
8:10 – 9:10	Change Your Brain: Five Nutrition Strategies for Peak Cognitive Performance Jenna Stedman, DCN, RD, CSSD	Nutrition and the Pancreas: What the Practicing Clinician Should Know Kevin Walton, MS, RD, LDN, CNSC (Level 2)	Building Your Network to Grow Your Net Worth: Networking Strategy for Dietitians in Business Emily Gozy, MS, RDN, CDN	How Being an Eating Disorder-Informed Dietitian Optimizes Affirming, Holistic Care for Adolescents and Young Adults Jay Patruno, MS, RDN, LDN, CPT, CNC
9:20 – 10:30	<p>President's Address: Sarah Andrus</p> <p>Keynote Address: Reignite Your Passion and Rediscover Compassion: Overcoming Compassion Fatigue Mandy Enright, MS, RDN, RYT</p> <p>Grand Ballroom</p>			
10:30 – 11:00	Exhibits & Posters			
11:10 – 12:10	Tangible Tips and Takeaways for Current and Aspiring Sports RDs Kailah Murphy, MS, RD, CSSD	POTS - An Increasingly Common Diagnosis Sarah Criscuolo, MS, RD, CGN, CSN, CPT (Level 2)	Building Greener and Healthier Institutions: The Role of RDs in Sustainability-Driven Wellness Camille Finn, MS, RD, LDN	Tiny Tots, Tactical Tummies: Infant Feeding's Role in Food Allergy Prevention Malina Malkani, MS, RDN, CDN
12:10 – 1:10	<p>Lunch & Awards Grand Ballroom</p>			
1:10 – 1:40	Exhibits & Posters			
1:40 – 2:40	Cannabis and Gastrointestinal Health: What is the Current Evidence? Galaxie Story, PhD, RD	Unlocking the Secrets of Stronger Bones: The Future of Personalized Recommendations for Bone Health Kelsey Mangano, PhD, RDN (Level 2)	What Constitutes Gender-Affirming Care? Results from a Qualitative Study with Implications for Dietitians Providing Nutrition Counseling Meg Salvia, PhD, RDN	Expanded Pediatric Nutrition-focused Physical Exam Michele Spurlock, RD
2:50 – 3:50	Elevate Your Leadership with Emotional Intelligence Chrissy Carroll, MPH, RD, CPT, RRCA Running Coach	Energy and Protein Needs in Critical Illness: Updates and New Considerations Beth Peterson, MS, RD, CSO, LDN, CNSC (Level 2)	Chronic and Disordered: Exploring the Intersection of Chronic Illness and Eating Disorders Anita Dharwadkar, RD, LDN Anna Sweeney, MS, RD, CEDS-S, LDN	Food, Feeding and Eating: How to Optimize Positive Habits in Children of Every Size Jill Castle, MS, RDN
4:00 – 5:00	<p>Networking & Posters Grand Ballroom</p> <p>MDEF Raffle</p>			